Reflecting the Father : John 5 Week 5 in *The One and Only Jesus* Series October 8, 2023 Pastor Theo Myer

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_ to the Father
at the end

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To allow God to change our hearts, we need to meet with Him. *The Daily Connections (Good Morning God, Spiritual Boost, Good Night Review)* open up our lives to allow God to change us from the inside out.

Good Morning God is to be done when we first wake up in bed at the beginning of every day. Your *Spiritual Boost* connects you with God's words in the Bible during the day sometime when you have 10 minutes of quiet. Finally, you finish your day with *Good Night Review*, and you allow God's joy and forgiveness to come to you as you drift to sleep.

These three spiritual exercises take only 20 minutes each day, and they have been part of following Jesus for many of Jesus' followers over the last 2000 years. Try it yourself and see how your relationship with God deepens and you are fundamentally changed by that encounter!

Spiritual Boost Bible Questions

Day 1: John 5:1-15

Think of someone who needs healing. How would you feel if that person was healed by God?

Day 2: John 5:1-15 (again)

How can you stay open to God even when He doesn't do things in the way you expect, like how the Jewish leaders were so upset when Jesus healed on the Sabbath?

Day 3: John 5:16-30

How do you think Jesus sees what the Father is doing? (v 19)

Day 4: John 5:16-30 (again)

Can you summarize Jesus' response to the accusation that He is making himself equal to God (v 18)?

Day 5: John 5:31-47

How can you be sure to find God's heart in your Bible reading, unlike the Jewish leaders (v 39-40)?