

## The Bread of Life: John 6

Week 6 in *The One and Only Jesus* Series

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John ch. 6 events: 1) Jesus feeds five thousand, 2) Jesus walks on water

John highlights Jesus' uniqueness.

- \* Jesus calls Himself \_\_\_\_\_
  - ▲ Why #1? To say \_\_\_\_\_ (Ex 3:14, Jn 4:26, 6:20, 13:19)
  - ▲ Why #2: To give \_\_\_\_\_ that help us understand  
(Bread, Light, Gate, Shepherd, Resurrection, The Way, Vine)

What Jesus says about Himself as The Bread of Life (Jn 6:35, 48, 51)

- \* He meets our deepest needs \_\_\_\_\_ (v 35)
- \* His Father \_\_\_\_\_ to Him (v 44)
- \* He must be \_\_\_\_\_ into our very core (vv 53-58)

**Sign:** Jesus is the \_\_\_\_\_ that gives life!

**Remember!**

To allow God to change our hearts, we need to meet with Him. **The Daily Connections** (*Good Morning God, Spiritual Boost, Good Night Review*) open up our lives to allow God to change us from the inside out.

**Good Morning God** is to be done when we first wake up in bed at the beginning of every day. Your **Spiritual Boost** connects you with God's words in the Bible during the day sometime when you have 10 minutes of quiet. Finally, you finish your day with **Good Night Review**, and you allow God's joy and forgiveness to come to you as you drift to sleep.

These three spiritual exercises take only 20 minutes each day, and they have been part of following Jesus for many of Jesus' followers over the last 2000 years. Try it yourself and see how your relationship with God deepens and you are fundamentally changed by that encounter!

### **Spiritual Boost Bible Questions**

Day 1: John 6:26-27

- ✳ What are some perishable, temporary things I pursue in my life? How can I spend my energy seeking eternal things?

Day 2: John 6:32-35

- ✳ Why does Jesus call Himself "true bread?" How can he quench my true hunger and true thirst?

Day 3: John 6: 35-40

- ✳ What is Jesus saying about keeping us secure until He raises us up again at the last day? Do I need to worry about Him losing me?

Day 4: John 6:43-44

- ✳ When are some moments in your life when you felt the Father drawing you to Himself? Who is someone you can pray for God to draw to Himself? Take a moment to pray for that person.

Day 5: John 6:51-58

- ✳ Jesus says (v. 57) that anyone who feeds on Him spiritually will live because of Him. How can I feed on Him and take Him into my life more and more? He says (v. 56) that those who take Him in (feed on Him) remain in Him and He in them. What does it mean to remain in Him?